



"Fabulous Food in the Heart of Navan"

Monday - Wednesday
8:30am - 5pm
breakfast & lunch

Thursday - Saturday:
8:30am - 4pm
breakfast & lunch
5pm - 10pm
evening dinner

facebook: room8

instagram: room8_navan

tripadvisor: Room 8

visit our website: www.room8.ie

Breakfast 8:30am-12pm

Tea & Toast

€4

Fruit Scone

homemade preserve | whipped cream

€3

Full Breakfast

egg | bacon | sausage | mushroom |
tomato | homemade hash brown |
black & white pudding | toast & tea or
americano

€11

add specialty coffee 70c

Mini Breakfast

egg | bacon | sausage | mushroom | tomato |
homemade hashbrown | toast & tea or
americano

€8.50

add specialty coffee 70c

Free Range Eggs | Any style

homemade relish & choice of toast

€5

Veggie Style

poached eggs | mushroom | fried halloumi |
tomato | spinach | avocado | sourdough toast

€9

Super Green Omlete

3 free range eggs | spinach | feta cheese |
pine nuts | roast red pepper | sourdough
toast

€8.50

Moroccan Brunch

poached eggs | pickled chilli | cucumber |
tomato | hummus | sourdough toast
add chorizo €2

€9

Nutty Crunch Granola

€5

homemade granola | Greek yogurt
| seasonal berries | honey

Oldstyle Porridge Bowl

€5

honey | seasonal berries
add protein powder 70c

r8 Energiser Smoothie

€5

banana | strawberry | apple juice |
honey | spinach | Greek yogurt
add protein powder 70c

Hen & Heifer

€13.50

5oz sirloin steak | fried eggs |
homemade beans | sourdough toast

r8 Benedict

€9

poached eggs | bacon | baby
spinach | homemade hollandaise
sauce | sourdough toast

Smoked Salmon Benedict €11

Wholemeal Breakfast Bap

€7.5

crispy bacon | avocado | lettuce
| tomato

USA Style Pancakes

€7

maple syrup | whipped cream |
berries

add Nutella

add bacon €2

EXTRAS

Avacado | Homemade Beans |
Any breakfast item

€2



Fair trade
organic coffee



Filtered still or
sparkling water

Coffees

Americano	€2.50
Latte Cappuccino Flat White	€3.00
Macchiato	€3.00
Mocha	€3.00
Espresso	€2.00
Iced Latte	€3.00
Hot Chocolate & Marshmallows	€3.00
Deluxe Nutella Hot Chocolate	€4.00

Syrup

vanilla | chia | caramel | mint | hazelnut

€0.70

Alternative milk

almond | coconut | soya

€0.70

Teas

Tea	€2.00
Java Republic Herbal Teas	€3.00

Wild Orchard Juices

Freshly squeezed orange juice
Sweet pressed apple juice

€3.00

Purezza Filtered Water

Still or Sparkling | Free refills

€2.00

Our Java Republic Blue Earth coffee is certified fairtrade & organic. Packed with notes of roasted hazelnut and hints of raspberry, the lingering aftertaste leaves a dark chocolate sensation on the palate.



Our juices and lemonades are supplied by Ireland's leading homegrown producer of premium quality fresh juices and lemonades, Wild Orchard. Each bottle is filled with ingredients that are 100% Irish, 100% natural and 100% delicious!



Please inform your server of any food allergies/diet restrictions.

Lunch

LIGHT BITES

Homemade Seasonal Soup of the Day

multiseed bread

€5

Hot & Sticky Chicken Wings

celery spears | lime aioli

€7

SALADS

r8 Superfood Salad

charred sweet potato | ancient grains | glazed roast carrot & parsnip | mangetout | cherry tomato | broccoli | feta | walnuts | toasted seeds

add chicken €2 | add garlic tiger prawns €3

€8

Honey Baked Goats Cheese Salad

baked goats cheese | grilled vegetables | caramelized walnuts | roast beetroot | sweet chilli pepper dressing | toasted sourdough

add chicken €2 | add chorizo €2

€10

Shredded Five Spice Duck Salad

sesame & chilli noodles | crunchy pak choi | pickled red cabbage | baby corn | peppers | cashew nuts

€10

Moroccan Falafel Salad

spiced falafel | roast vegetable & beetroot cous cous | dressed rocket | tzatziki

€10

Bang Bang Chicken

peanut butter chilli chicken | wild rice | Asian greens | roasted chickpeas | toasted seeds | coriander & lime dressing

€10

All our dressings are homemade with Newgrange Gold Rapeseed Oil



Fair trade
organic coffee

PUREZZA
Puritan and family water

Filtered still or
sparkling water

SANDWICHES

The Gr8 Burrito

€9

braised beef | kidney beans | chilli & lime rice | homemade tomato sauce | guacamole | chive creme fraiche

Wholemeal Pulled Pork Bap

€7.95

smoked pulled pork | melted brie | rocket | ginger & burnt pineapple relish

Fully Loaded Cajun Chicken Ciabatta

€8.50

Cajun chicken | roast pepper | red onion | melted cheddar

B.L.T

€8.50

crispy smoked bacon | baby gem lettuce | plum tomato

Spicy Fajita Wrap

€8.50

marinated chicken | peppers | onion | cheddar | guacamole
vegetarian available on request

The Ploughman's Cousin

€8.50

baked ham | smoked applewood cheddar | rocket | caramelised red onion & chipotle relish

The Ultimate Veggie

€8.50

roast vegetables | cumin spiced hummus | rocket | fried halloumi

Add cup of soup €2

ALL OUR BREADS ARE BAKED FRESHLY EVERY MORNING
FROM HANSEL & GRETEL BAKERY HERE IN NAVAN

Gluten Free bread available on request



Fair trade organic
coffee

PUREZZA
Premium eco-friendly water

Filtered still or
sparkling water

Mighty Mains

The Ultimate Steak Stack

€13.50

sirloin steak | garlic portobello mushroom | curried onion rings | rocket
| horseradish aioli | toasted sourdough | rosemary chunky fries

r8 Bake

€10

creamy chicken & chorizo | sundried tomato | wholewheat
pasta | three cheese herb crust

Thai Green Chicken & Crisp Vegetable Curry

Basmati rice

€10

Basmati rice & fries

€12

Vegetarian Curry available on request

Basmati rice

€9

Basmati rice & fries

€11

Lunchtime Treats

USA Style Pancakes

€7

maple syrup | whipped cream | berries

add Nutella

add bacon €2

Side Orders

Rosemary Chunky Fries

Sweet Potato Fries

Garlic Bread

Green Leaf & Vegetable Salad

€3.00 Each

See our counter for our delicious selection of homemade snacks

|Check our board for daily specials & desserts|

Please inform your server of any food allergies/diet restrictions.

Allergen menu available on request.

Coffees

Americano	€2.50
Latte Cappuccino Flat White	€3.00
Macchiato	€3.00
Mocha	€3.00
Espresso	€2.00
Iced Latte	€3.00
Hot Chocolate & Marshmallows	€3.00
Deluxe Nutella Hot Chocolate	€4.00

Syrup

vanilla | chia | caramel | mint | hazelnut

€0.70

Alternative milk

almond | coconut | soya

€0.70

Teas

Tea €2.00

Java Republic Herbal Teas €3.00

Wild Orchard Juices

Freshly squeezed orange juice |

Sweet pressed apple juice

€3.00

Wild Orchard Fresh Lemonades

Cloudy | Pink Cloudy | Rhubarb & Ginger

€3.50

Soft Drinks

Coke | Diet Coke | Coke Zero | Fanta | Sprite Zero

€2.50

Purezza Filtered Water

Still or Sparkling | Free refills

€2.00

Full wine list also available -
just ask your server

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ROOM8

C A F E | R E S T A U R A N T

IN CASE YOU WERE WONDERING..

Take away service is available day or night.

Wifi code: Room8navan

Gift Vouchers are available to purchase at the counter, just ask our staff!

We don't take daytime reservations but booking is strongly recommended if you're looking try our dinner menu.



SOCIALS

Tell us about your visit!

Leave a review on Tripadvisor: Room8

Keep up to date with all things
room8

instagram: room8_navan

facebook: room8

Don't forget to tag us in pictures from
your visit!

visit our website: www.room8.ie