

TAKE **ROOM8** HOME

- **Energiser Smoothie** Strawberry | Banana | Apple juice | greek yogurt | spinach | honey €5
add protein 70c
- **USA Style Pancakes** Maple syrup | whipped cream | Berries €7.50
Nutella Whipped Cream | Berries add bacon €2
- **Gluten Free Pancakes** €8.50
- **Nutty Crunch Granola** Homemade granola | chia jam | Greek yogurt €6
Berries | maple syrup
- **R8 Benedict** Poached eggs | Sourdough | Crispy kale | Bacon | Baby spinach | Hollandaise sauce €10
- **Irish Breakfast Bowl** Sausage | bacon | pudding | home made hashbrown | mushroom | tomato €12
toast | tea or americano
- **Parmesan Eggs**
poached eggs | spinach | parma ham | chilli Hollandaise | chipotle relish | sourdough toast €11
(Add Chorizo or Falafal) €2
- **Breakfast Burger** black pudding | roast tomato | caramelized onion | fried egg | €8.50
smashed avocado | rocket | apple ketchup
- **Veggie Style** roast tomato | mushrooms | spinach | halloumi | poached egg €10
avocado | sourdough toast
- **Wholemeal Pulled Pork Bap** melted brie | rocket | ginger | burnt pineapple relish €8.50
- **Fully Loaded Chicken Ciabatta** Cajun chicken | roastpepper | red onion | cheddar €8.50
- **Steak Buritto** Chilli lime rice | kidney beans | smoked cheddar | guacamole €9.50
chive creme fraiche
- **The Ultimate Veggie** roast vegetables | beetroot | cumin spiced hummus | rocket | €8.50
halloumi | toasted seeds
- **Spicy Fajita Wrap** chicken | peppers | onions | cheddar | guacomole €8.50
(Vegetarian available)
- **Add Cup of Soup** €2
- **Hot & Sticky Chicken Wings** Celery | lime aoili €7
- **Soup of the Day | Multi Seed Bread** €5
- **Veggie Bang Bang Buddha Bowl** Crispy cauliflower | smashed avocado | wild rice €10
crumbled feta | pickled red cabbage | roast chickpea | toasted seeds
- **Bang Bang Chicken** Peanut butter | chilli chicken | wild rice | asian greens €11
toasted seeds | roast chickpeas | coriander lime dressing
- **R8 Superfood Salad** €8.50
Charred sweet potato | mangetout | feta | broccoli | toasted seeds | cherry tomato | walnuts |
glazed carrot & parsnip | quinoa
Add chicken €2 | Add Moroccan falafel €2 | Add garlic prawns €3
- **Goat Cheese Salad** baked goats cheese | candied walnut crumb | caramelized onion €8.50
beetroot | mediterranean vegetable | sourdough toast. Add chicken €2 | chorizo €2
- **Shredded Five Spiced Duck Salad** Sesame chilli egg noodles | crunchy pak choi €11
pickled red cabbage | baby corn | peppers | chilli cashew nuts
- **Thai Green Chicken Crisp Vegetable Curry** basmati rice €11 | basmati rice & fries €12
(Vegetarian available) €10
- **Sides:** Rosemary chunky fries | Cajun sweet potato €3
- **Gluten Free Breads & Wraps available**

Starters

- Seasonal Soup of the Day** €5
Hansel & Gretel Multi-seed bread
- Hot & Sticky Chicken Wings** €7
House marinade | celery spears | lime aioli
large €9
- Zesty Thai Tiger Prawns** €8
Pickled chilli | cucumber salad | peanut coconut marinade
- Asian BBQ Duck Potato Skins** €8
Hoi Sin jam | chive creme fraiche
- Honey Baked Goats Cheese** €7
Grilled vegetables | caramelized walnuts | roast beetroot | sweet chilli pepper dressing | toasted sourdough
add chorizo €2
- Curried Cauliflower Wings** €7
Sweet chipotle glaze
- Kelly's Black Pudding & Chorizo** €8
Spiced butternut squash purée | toasted hazelnuts | pickled carrot

Mains

- Roast Chicken Supreme** €15
Baked portobello mushroom | sundried tomato | spinach and herb crumb | parmesan basil cream (choose 1 side)
- Sean McGrane Chargrilled 10oz Sirloin Steak** €20
Cumin glazed carrots | curried onion rings | peppercorn cream or garlic butter (choose 1 side) Add garlic tiger prawns €4
- Miso Baked Seabass** €18
Sizzled ginger, chilli & spring onion | sautéed greens (choose 1 side)
- Roast Bell Pepper Linguine** €12
Spinach | charred tender stem | romesco cream | candied walnut | sea salt rosemary focaccia
add chicken €2
add prawns €3
- R8 Superfood Salad** €10
Charred sweet potato | quinoa | glazed roast carrot & parsnip | mangetout | cherry tomato | broccoli | feta | walnuts | toasted seeds
add chicken €2
add garlic prawns €3 | **add falafel** €3

Bang Bang Chicken €12
Peanut butter chilli chicken | wild rice | asian greens | roast chickpeas | toasted seeds | coriander & lime dressing

Black Pepper Chicken €13
Garlic & sesame infused chicken | crisp vegetables | soy & chilli sauce | basmati rice
basmati rice & fries €13.50

Five Spiced Roast Duck Confit €16
Sesame chilli noodles | crunchy pak choi | pickled red cabbage | peppers | chilli cashew nuts | orange chipotle glaze (choose 1 side)

Thai Green Chicken & Crisp Vegetable Curry €13
Basmati rice
basmati rice & fries €13.50

Vegetarian Curry & Rice €11
basmati rice & fries €12.50

Slow Roast Pork Belly €16
Parsnip vanilla purée | Kelly's black pudding | charred tender stem | toffee apple cream | pain au black pudding (choose 1 side)

SIDES

- Garlic & Parmesan Fries €3
Rosemary Chunky Fries €3
Cajun Sweet Potatoes | lime aioli €3.50
Curried Onion Rings €3
Broccoli Feta Toasted Seeds Salad €3
Champ €3

Desserts

- Warm Sticky Toffee Pudding | Salted Caramel Icecream | Butterscotch Sauce** €5.50
- Chocolate & Hazelnut Brownie | Vanilla Icecream** €5.50
- Lemon Curd Pudding | Raspberry Sorbet** €5.50

Why not add your favourite bottle of wine to your take away meal!

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