

BREAKFAST 8:30AM - 12PM

Oldstyle Porridge Bowl / seasonal berries, honey, mixed seeds €6.50 | add protein powder 70c (VE) Available

Nutty Crunch Granola / house made granola, greek yogurt, berries, chia jam maple syrup €6.50

USA Style Pancakes / berries, orange mascarpone cream, maple syrup, toasted seed crunch or nutella €10 | add bacon €2 | GF / VE Available - Served All Day

Rainbow Smoothie Bowl / banana, strawberries, blueberries, honey, crunchy granola, toasted coconut & mixed seeds €6.50 (VE) Available

R8 Energiser Smoothie / banana, strawberry, apple juice, honey, spinach, greek yoghurt €6 | add protein powder 70c

The Big Breakfast / eggs, homemade hashbrown, sausage, bacon, black & white pudding, mushroom, tomato, tea|americano & toast €13 | upgrade to FW, Latte, Capp 50c

The Mini Breakfast / eggs, homemade hashbrown, sausage, bacon, mushroom, tomato, tea|americano & toast €10 | upgrade to FW, Latte, Capp 50c

ADD HOUSEMADE BEANS OR AVOCADO TO ANY DISH €2

Eggs Any Way / two free range eggs poached, scrambled or fried w| house relish & choice of toast €6.50

Breakfast Croissant / poached eggs, smoked cheddar, chorizo, crispy parma ham, wilted spinach, chipotle relish €12

Veggie Style / poached eggs, avocado, halloumi, mushroom, tomato, spinach, sourdough toast €12 (V)

Super Green Omlette / 3 free range eggs, spinach, feta cheese, pine nuts, sundried tomato, caramelized onion, house pesto sourdough toast €12 (V)

R8 Benedict / poached eggs, bacon OR smoked salmon, spinach, hollandaise, sourdough toast w| Bacon €12 | Salmon €14

Moroccan Brunch / poached eggs, chickpea masala, pickled cucumber, cherry tomato, herb & garlic flatbread, dukkah chilli oil €12 (V) add falafel or chorizo €2.50

Hen & Heifer / 5oz sirloin steak, fried eggs, homemade beans, sourdough toast €15

The Vegan Breakfast Hash / hash brown, avocado smash, roast pepper & garlic hummus, chilli mushrooms, house dukkah, sourdough toast €12 (VE)



COFFEE

Java Republic Blue Earth coffee; handcrafted, certified fairtrade & organic. Notes of roasted hazelnut and hint of raspberry, the lingering aftertaste leaves a dark chocolate sensation on the palate

Americano €3.50 Hot Choc & Mallows €4.50
Latte €4 R8 Nutella Hot Choc €5

Cappuccino €4
Flat White €4 ALL HOT DRINKS AVAILABLE
IN EDIBLE COFFEE CUPS €1

Mocha €4.50
Macchiato €3.50 ALT MILK / OAT, COCONUT,
ALMOND 50C

Gerardo €4
Espresso €3.50 SYRUPS VANILLA, HAZLENUT,
CARMEL, CHAI 50C

Iced Latte/Americano €4

CBD Latte €5

Tea €3

Herbal Teas €4

PEPPERMINT, WILD BERRY, YUNAN GREEN
TEA, ROOIBOS & CARMEL, EARL GREY,
DECAF TEA, CHAMOMILE